DOES YOUR CHILD SEEM...

- □ angry or aggressive
- □ sad, withdrawn
- □ anxious and/or worried
- □ irritable/upsets easily

DO THEY...

- □ have problems at preschool/ childcare
- □ hurt themselves or others (hitting, biting, etc.)
- □ have trouble calming down
- □ have severe temper tantrums
- □ cry uncontrollably

ARE YOU...

- □ tired all the time
- □ missing appointments
- □ not interested in playing, interacting with your child
- ☐ nervous, stressed, worried
- □ overwhelmed
- concerned about changes in your child's behavior

Many of these behaviors are normal. When the behavior becomes frequent and/or difficult to cope with your daily life, this is a concern. Providing emotional support and teaching children how to express and control their feelings can prevent these problems from getting worse.

If you checked one or more boxes above, please contact one of the many resources available in our community for help.

IT'S OK TO ASK.

Still have questions or need additional help?

CALL Connecting Point 316-267-3535



www.rainbowsunited.org

S. C. E. C. C. C.

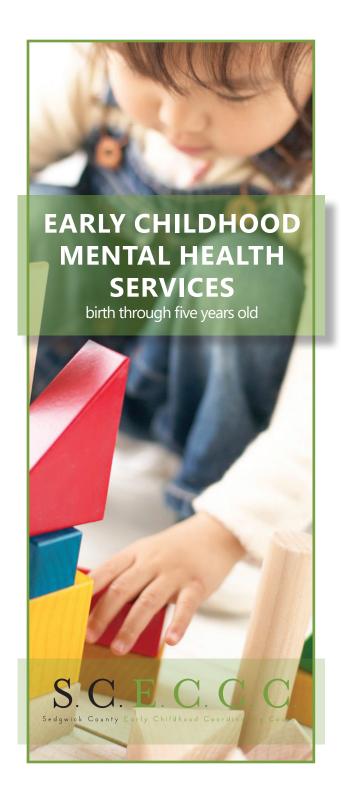
SUPPORTING CHILDREN AND FAMILIES
THROUGH COMMUNITY COLLABORATIONS

Early Childhood Mental Health Committee

A workgroup of the Sedgwick County Early Childhood Coordinating Council

For more information on early childhood mental health, please visit:

zerotothree.org childtrauma.org kaimh.org



Parenting Education & Groups

Cana Counseling Center 263-6941 **FCS Counseling** 264-8317 Kansas Children's

Service League 942-4261 **Wesley Medical Center**

Family Life Education 962-2290

Complete listing: supportgroupsinks.org

For more resource and referral options, call Connecting Point 267-3535. United Way 2-1-1, or 1-800-children



Early Childhood Mental Health

CENTER ON FAMILY LIVING friends.edu/center-family-living 295-5638

Therapeutic services

Ages Served: 2-5-years-old*

COMCARE CHILDREN SERVICES sedgwickcounty.org/comcare 660-9600

Therapy, medication evaluations, psychosocial groups, case management, attendant care, Proud of Me therapeutic preschool, parent support services •

Ages Served: 3 to 5-years-old* (SED waiver at 4)

KANSAS CHILDREN'S SERVICE LEAGUE

Therapy, medication management, psychological evaluations •

Ages Served: prenatal to 5-years-old

Support groups for grieving children

Ages Served: 3 to 5-years-old*

Early Childhood Mental Health,

MENTAL HEALTH ASSOCIATION mhasck.org 685-1821

Therapy, medication evaluations, case management, attendant care, parent support services ♦

Ages Served: 3 to 5-years-old*

PRAIRIE VIEW, INC. prairieview.org

634-4700 or 729-6555

Outpatient therapy, medication evaluations and management, schoolbased services, case management, parent support services, psychological evaluations, developmental screens, summer preschool ♦ ■

Ages Served: birth to 5-years-old*

RAINBOWS UNITED, INC. rainbowsunited.org

260-4673

Assessment, therapy, child care consultation, parent support ◆ ■

Ages Served: birth to 5-years-old*

SCREEN FOR SUCCESS/ **CONNECTING POINT**

sponsored by USD 259 & Rainbows United 267-3535

Behavioral/mental health screening;

Ages Served: birth to 5-years-old

- Other Ages Served
- Home-Based Services Available
 - Interpreter or Bilingual Services