

DOES YOUR CHILD SEEM...

- ☐ angry or aggressive
- ☐ sad, withdrawn
- ☐ anxious and/or worried
- ☐ irritable/upsets easily

DO THEY...

- ☐ have problems at preschool/childcare
- ☐ hurt themselves or others (hitting, biting, etc.)
- ☐ have trouble calming down
- ☐ have severe temper tantrums
- ☐ cry uncontrollably

ARE YOU...

- ☐ tired all the time
- ☐ missing appointments
- ☐ not interested in playing, interacting with your child
- ☐ nervous, stressed, worried
- ☐ overwhelmed
- ☐ concerned about changes in your child's behavior

Many of these behaviors are normal. When the behavior becomes frequent and/or difficult to cope with your daily life, this is a concern. Providing emotional support and teaching children how to express and control their feelings can prevent these problems from getting worse.

If you checked one or more boxes above, please contact one of the many resources available in our community for help.

IT'S OK TO ASK.

Still have questions or
need additional help?

CALL
Connecting Point
316-267-3535



www.rainbowsunited.org

S.C.E.C.C.C.

Sedgwick County Early Childhood Coordinating Council

SUPPORTING CHILDREN AND FAMILIES
THROUGH COMMUNITY COLLABORATIONS

Early Childhood Mental Health Committee

*A workgroup of the Sedgwick County Early
Childhood Coordinating Council*

**For more information on early
childhood mental health, please visit:**

zerotothree.org
childtrauma.org
kaimh.org

EARLY CHILDHOOD MENTAL HEALTH SERVICES

birth through five years old

S.C.E.C.C.C.
Sedgwick County Early Childhood Coordinating Council

Parenting Education & Groups

- **Cana Counseling Center** 263-6941
- **FCS Counseling** 264-8317
- **Kansas Children's Service League** 942-4261
- **Wesley Medical Center Family Life Education** 962-2290

Complete listing: supportgroupsinks.org

For more resource and referral options, call **Connecting Point 267-3535**, **United Way 2-1-1**, or **1-800-children**

Early Childhood Mental Health

CENTER ON FAMILY LIVING
friends.edu/center-family-living
295-5638
Therapeutic services
Ages Served: 2-5-years-old*

COMCARE CHILDREN SERVICES
sedgwickcounty.org/comcare
660-9600
Therapy, medication evaluations, psychosocial groups, case management, attendant care, Proud of Me therapeutic preschool, parent support services ♦ ■
Ages Served: 3 to 5-years-old*
(SED waiver at 4)

KANSAS CHILDREN'S SERVICE LEAGUE
kcsf.org
942.4261
Therapy, medication management, psychological evaluations ♦ ■
Ages Served: prenatal to 5-years-old

KIDZCOPE
kidzcope.com
263-3335
Support groups for grieving children
Ages Served: 3 to 5-years-old*

Early Childhood Mental Health, continued

MENTAL HEALTH ASSOCIATION
mhasck.org
685-1821
Therapy, medication evaluations, case management, attendant care, parent support services ♦
Ages Served: 3 to 5-years-old*

PRAIRIE VIEW, INC.
prairieview.org
634-4700 or 729-6555
Outpatient therapy, medication evaluations and management, school-based services, case management, parent support services, psychological evaluations, developmental screens, summer preschool ♦ ■
Ages Served: birth to 5-years-old*

RAINBOWS UNITED, INC.
rainbowsunited.org
260-4673
Assessment, therapy, child care consultation, parent support ♦ ■
Ages Served: birth to 5-years-old*

SCREEN FOR SUCCESS/ CONNECTING POINT
sponsored by USD 259 & Rainbows United
267-3535
Behavioral/mental health screening;
Ages Served: birth to 5-years-old

- * Other Ages Served
- ♦ Home-Based Services Available
- Interpreter or Bilingual Services

