

### DOES YOUR CHILD SEEM...

- angry or aggressive
- sad, withdrawn
- anxious and/or worried
- irritable/upsets easily

### DO THEY...

- have problems at preschool/childcare
- hurt themselves or others (hitting, biting, etc.)
- have trouble calming down
- have severe temper tantrums
- cry uncontrollably

### ARE YOU...

- tired all the time
- missing appointments
- not interested in playing, interacting with your child
- nervous, stressed, worried
- overwhelmed
- concerned about changes in your child's behavior

Many of these behaviors are normal. When the behavior becomes frequent and/or difficult to cope with your daily life, this is a concern. Providing emotional support and teaching children how to express and control their feelings can prevent these problems from getting worse.

*If you checked one or more boxes above, please contact one of the many resources available in our community for help.*

**IT'S OK TO ASK.**

Still have questions or need additional help?

CALL  
Connecting Point  
316.267.3535



[www.RainbowsUnited.org](http://www.RainbowsUnited.org)

**S. C. E. C. C. C.**

Sedgwick County Early Childhood Coordinating Council

SUPPORTING CHILDREN AND FAMILIES  
THROUGH COMMUNITY COLLABORATIONS

### Early Childhood Mental Health Committee

*A workgroup of the Sedgwick County Early Childhood Coordinating Council*

For more information on early childhood mental health, please visit:

[zerotothree.org](http://zerotothree.org)  
[childtrauma.org](http://childtrauma.org)  
[kaimh.org](http://kaimh.org)



**EARLY CHILDHOOD  
MENTAL HEALTH  
SERVICES**

birth through five years old

**S. C. E. C. C. C.**

Sedgwick County Early Childhood Coordinating Council

## Parenting Education & Groups

- **Cana Counseling Center** 263.6941
- **FCS Counseling** 264.8317
- **Kansas Children's Service League** 942.4261
- **Wesley Medical Center Family Life Education** 962.2290

Complete listing: [supportgroupsinks.org](http://supportgroupsinks.org)

For more resource and referral options, call **Connecting Point 267.3535**, **United Way 2-1-1**, or **1.800.children**

## Early Childhood Mental Health

**CENTER ON FAMILY LIVING**  
[friends.edu/center-family-living](http://friends.edu/center-family-living)  
295.5638

Therapeutic services

Ages Served: 2-5-years-old\*

**COMCARE CHILDREN SERVICES**  
[sedgwickcounty.org/comcare](http://sedgwickcounty.org/comcare)

660.9600

Therapy, medication evaluations, psychosocial groups, case management, attendant care, Proud of Me therapeutic preschool, parent support services ♦ ■

Ages Served: 3 to 5-years-old\*  
(SED waiver at 4)

**KANSAS CHILDREN'S SERVICE LEAGUE**  
[kcsf.org](http://kcsf.org)  
942.4261

Therapy, medication management, psychological evaluations ♦ ■

Ages Served: prenatal to 5-years-old

**KIDSCOPE**  
[kidscope.com](http://kidscope.com)  
263.3335

Support groups for grieving children

Ages Served: 3 to 5-years-old\*

## Early Childhood Mental Health, continued

**MENTAL HEALTH ASSOCIATION**  
[mhasck.org](http://mhasck.org)

685.1821

Therapy, medication evaluations, case management, attendant care, parent support services ♦

Ages Served: 3 to 5-years-old\*

**PRAIRIE VIEW, INC.**  
[prairieview.org](http://prairieview.org)

634.4700 or 729.6555

Outpatient therapy, medication evaluations and management, school-based services, case management, parent support services, psychological evaluations, developmental screens, summer preschool ♦ ■

Ages Served: birth to 5-years-old\*

**Rainbows United, Inc.**  
[RainbowsUnited.org](http://RainbowsUnited.org)

- **Mental Health**  
558.3420

Assessment, therapy, child care consultation, parent support ♦

Ages Served: birth to 5

- **Connecting Point/ Screen for Success** (sponsored by Rainbows United & USD 259)

267.3535

Developmental + Behavioral screening

Ages Served: birth to 5

- \* Other Ages Served
- ♦ Home-Based Services Available
- Interpreter or Bilingual Services

